

RAQUEL GUARDADO-SOTO, PH.D.,
Licensed Psychologist, CA PSY26883

GuardadoPsychologicalServices.com

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EDUCATION

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| 2013 | Alliant International University, San Diego, CA
Clinical Psychology Ph.D. with Forensic emphasis |
| 2009 | Alliant International University, San Diego, CA
M.A. in Psychology |

LANGUAGES

Spanish: fluently speak, read and write

CLINICAL EXPERIENCE

05/2023 to Present Forensic Psychologist Guardado Psychological Services, San Diego

- Conduct forensic psychological evaluations in criminal court cases with corresponding assessment measures and complete report.
- Conduct forensic psychological evaluations with corresponding assessment measures and complete report for immigration proceedings.
- Provide forensic psychological consultation.
- Adhere to American Psychological Association specialty guidelines for forensic psychology.

10/2018 to 04/2026 Clinical Psychologist Neighborhood Healthcare, Poway

- Conduct initial psychosocial assessment/intake of new patients, with corresponding assessment measures, and complete intake report.
- Provide bilingual short-term/solution focused individual therapy and screening for mental health services as part of an integrated behavioral health team in primary care.
- Complete assessment reports as needed including medical clearances, N648, and disability questionnaires.
- Work collaboratively with primary care providers, nursing staff, medical assistants, diabetes specialist and psychiatrists to provide appropriate treatment, treatment recommendations, and treatment planning.
- Provide bilingual long-term individual therapy to adult and adolescent patients.
- Provide crisis intervention as necessary.
- Maintain timely, complete, accurate and professional documentation and treatment plans.
- Participate in interdisciplinary treatment meeting and assist in treatment planning.
- Assist clients with obtaining treatment, benefits and adjunct community resources by consulting and coordinating services with other community care providers.
- Adhere to NHC Code of Ethics, American Psychological Association Code of Ethics, and HIPAA policies and procedures.

10/2021 to 6/2023 Testing/Clinical Supervisor Areta Crowell Center, San Diego

- Teach and supervise the administration, scoring, interpreting, and integrating of psychological tests to psychological students.
- Edit, provide feedback, and approve all psychological reports produced by psychological students as required by County governing boards and the Board of Psychology.

- Supervise psychology students in accordance with regulatory board requirements. Provide individual and group clinical supervision on site or via telephone as needed.
- Complete student assessment documentation as needed to meet educational contract requirements. Ensure that psychological students perform within the limits of their experience and training.
- Keep current and knowledgeable on professional licensing law changes affecting psychological students under supervision. Disseminate information regarding legal and ethical issues.
- Meet with and consult with Director or designee to provide assistance and guidance to the Program Director and staff as needed on testing issues and service delivery.
- Develop internship training program that includes facilitating training seminars, group and any assigned evidenced based practices supervision, and consultation during supervision meetings.
- Adhere to CRF Code of Ethics, American Psychological Association Code of Ethics, and HIPAA policies and procedures.

12/2018 to 12/2019

Clinical Supervisor

Institutes of Health, San Diego

- Teach and supervise the administration, scoring, interpreting, and integrating of psychological tests to psychological associates.
- Edit, provide feedback, and approve all psychological reports produced by psychological associates as required by County governing boards, Board of Psychology and Workers' Compensation Appeals Board.
- Supervise psychological associates in accordance with regulatory board requirements. Provide individual clinical supervision on site or via telephone.
- Participate in clinical staff meetings to offer group clinical supervision and consultation.
- Complete assessment documentation as needed to meet educational contract requirements. Ensure that clinical associates perform within the limits of their experience and training.
- Keep current and knowledgeable on professional licensing law changes affecting psychological associates under supervision. Disseminate information regarding legal and ethical issues.
- Develop the associate training program that includes facilitating training seminars, group and any assigned evidenced based practices supervision, and consultation during multi-disciplinary team meetings.
- Adhere to IOH Code of Ethics, American Psychological Association Code of Ethics, and HIPAA policies and procedures.

02/2015 to 10/2018 Psychologist

San Diego Family Care, San Diego

- Conduct initial psychosocial assessment/intake of new patients, with corresponding assessment measures, and complete intake report.
- Provide bilingual short-term/solution focused individual therapy and screening for mental health services as part of an integrated behavioral health team in primary care.
- Work collaboratively with primary care providers, nursing staff, medical assistants, diabetes specialist and psychiatrists to provide appropriate treatment, treatment recommendations, and treatment planning.
- Provide bilingual long-term individual therapy to adult patients while stationed in outpatient mental health services once per week.
- Provide crisis intervention as necessary.
- Maintain timely, complete, accurate and professional documentation and treatment plans.
- Participate in interdisciplinary treatment planning.
- Co-facilitate wellness group focused on diabetes management with medical staff and nursing/diabetes specialist.
- Work with Behavioral Health Director in developing the Behavioral Health Integration (BHI) Program by training medical staff, developing and implementing BHI guidelines, mentoring newly hired BHI staff, tracking outcomes, and continuously strategizing to increase patient participation.
- Assist clients with obtaining treatment, benefits and adjunct community resources by consulting and coordinating services with other community care providers.
- Adhere to the American Psychological Association Code of Ethics and HIPAA policies and procedures.

- Administer diagnostic testing, issue comprehensive forensic report (AEO/COE, Psychodiagnostic), provide feedback to patient, and communicate outcome to the treatment team.
- Conduct initial psychosocial assessment of new patients, with corresponding assessment measures, and complete comprehensive forensic report.
- Provide short-term and long-term psychological services to adult chronic pain patients in English and Spanish. Therapy services provided include individual and group therapy and biofeedback.
- Conduct peer-to-peer with utilization review representatives.
- Participate in individual and group clinical supervision.
- Provide crisis intervention as necessary.
- Maintain timely, complete, accurate and professional documentation and treatment plans.
- Participate in interdisciplinary treatment planning.
- Assist clients with obtaining treatment, benefits and adjunct community resources by consulting and coordinating services with other community care providers.
- Train and lead newly hired Master's level clinicians and Behavioral Medicine administrative staff.
- Develop and maintain Behavioral Medicine program procedures, psychological testing batteries, billing, and forms.
- Adhere to ROC Code of Ethics, American Psychological Association Code of Ethics, HIPAA policies and procedures, and Workers' Compensation laws.

LECTURES AND SEMINARS

11/2023 Mitigation: Deep Dive into ACES an Interviewing
Federal Defenders of San Diego

MEMBER ORGANIZATIONS

2024 – Present	San Diego Psychological Association
2024 – Present	International Society for the Study of Trauma and Dissociation
2020 – Present	EMDR International Association
2026 – Present	California Society of Industrial Medicine and Surgery
2026 – Present	American Psychological Association

PROFESSIONAL APPOINTMENTS

2025 – Present	San Diego Psychological Association Member at Large
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TIME DEVOTED TO PSYCHOLOGICAL TREATMENT

Dr. Guardado-Soto devotes 75% of her practice time annually to psychological treatment.